



Principal's Message...

Tēnā koutou katoa ngā Mātua

The start of the year is always a busy and interesting time for our students with all of the school and regional sports events taking place and this newsletter acknowledges the successes of individual students in some of these. The Canterbury Secondary Schools Athletic Championships will be held later this week and we wish our students well in what will be a challenging and very competitive event.

Our Year 9 Camp and Year 12 Biology Camp are taking place this week. The opportunity for students to learn new skills, face new challenges and participate in real life fieldwork is one of the great advantages of being educated in New Zealand, where ready access to the outdoors is available. These practical experiences also provide situations where student leadership and team building come to the fore, and teachers see qualities and skills in their students which are not always so visible in the classroom. It is a busy time for teachers and I do gratefully acknowledge their enthusiasm, energy and commitment during these camps.

The work done in the classroom is of course very important and it is where the majority of learning is done. As I walk around the school, I see a settled and focussed atmosphere and feel that we are starting to see the kind of progress that will produce successful results. Clear intent to achieve drives this kind of success and when parents and whanau discuss learning progress with students it becomes a shared intent and strengthens focus. Please feel free to contact us if you think that you need to know more about your child's progress. Early in the year is the very best time for us to work together solving any matters of concern.

I do want to acknowledge the ways in which I also see senior students helping with younger students around the playground, on school trips and as part of the peer support programme. Our recent student well being survey told us that students think that there is very little bullying in the school, but that cyber bullying through social media is still an issue. It is often difficult for parents to know what to do about misuse of social media in this way so you will find some expert advice attached to this newsletter which we got last year from John Parsons. The recent seminars with Brett Murray have contributed to getting students to think in new ways about bullying but I am also sure that the role modelling and actions of our tuakana (older students) with our teina (younger students) is having a valuable and important impact. This is a very positive aspect of the school culture which I want to flourish here at Kaikoura High.

Noho ora mai ra.

John Tait
Principal

Yr 12 and Yr13 International Science Opportunities

Passionate about Science? In Year 12 or Year 13? Check out the following link for some fantastic international science opportunities. If you are interested please see Miss Scott ASAP, entires close 23rd March.

Go to:

<http://www.royalsociety.org.nz/programmes/competitions/international-secondary/>

Swimming Sports

On Wednesday 10 February we held our annual Kaikoura High School Swimming Sports. It started as a beautiful warm summer's day with students at the pool at the crack of dawn getting their spot for their House banners preparing for the big event.

We started with some very competitive races in the Under 12 Girls' race. Maia Callow, Rose Armstrong, Timeka Clemett and Bridget Smith were all neck and neck at the finish line which made for an exciting day ahead for that age group. We also had Ruby Armstrong, Samantha Irvine, Emma Rae and Danielle Pattison head to head in the Under 14 Girls' grade. Danielle Pattison managed to set a new record in the Under 14 100m Breaststroke set by Kylie Ruawai in 1995. Kylie's time was 1.46:21 and Danielle coming in at 1.46:19.



Christopher Elson also broke records throughout the day. He broke 100m Senior Backstroke held by Jeremy Dixon set in 1995 with a time of 1.18:86. Christopher's time was 1.16:76. Christopher also broke the 33m Backstroke record set in 1995 with a time of 23.57. Christopher's time was 20.2. He also broke two of his own records. The 33m Freestyle set in 2015 was a time of 17.83 his new time was 17.00. 100m Freestyle also set in 2015 with a time of 1.03:00, was broken with a new time was 1.02:06. Well done, Christopher.

We had three novelty races which saw all students, some staff and parents compete and get in the pool. Staff won the relay and parents a close second. Thanks to all parents and family members who came down to watch our children have a fabulous day.

It was rewarding to have 15 students qualifying to attend the Combined Country High Schools' event in Kaiapoi.

Combined Country High Schools' Swimming

Fifteen students headed off to Kaiapoi to compete in the annual Combined Country High Schools Swimming Competition. All participants swam very well with most of the children placing in their events. Christopher Elson broke two records, 50m Butterfly with a time of 29.58sec and 50m Freestyle with a time of 27.86. Well done, Christopher. Other stand out swimmers were Danielle Pattison, Owen Thorton and Natalia Callow. With 15 students we were also able to put in nine relay teams with some students swimming more than once and also swimming in higher grades. We would like to thank Anna Callow, Myra Burns and Julia Lee for their help in Kaiapoi.



Athletics 2016

Another fun and competitive Athletics day with beautiful weather was held on March 2. Students came dressed in their house colours ready to compete in as many events as they could to gain points for their house. With a great number of parents, grandparents and family members there to support their children it made for a great day.

We had a few Athletic Records broken this year. Samantha Fissenden broke the Under 16 200m sprint that was held by Amanda Ford since 1985. Amanda's time was 27.92, Samantha came in at 27.62. We also had Ben Norton break the Under 14 High Jump record held by Stuart Giles since 2012 with a height of 1.53m, Ben jumped at the height of 1.63. Well done Samantha and Ben, what a great effort.

After the annual Athletics Day 49 of our students qualified to go to Christchurch to compete in the Combined Country High Schools Athletics.



Young Enterprise Scheme E-Day

On Wednesday 2nd March the Kaikoura High School Young Enterprise Company for 2016 travelled to Canterbury University to attend an E-Day.



They joined hundreds of Canterbury secondary students who are completing the YES course this year and received helpful mentoring from over 50 volunteer entrepreneurs from Christchurch.

While they have yet to finalise their product for this year they have many good ideas and have been fundraising their start-up capital.

The Company's Directors are:

Claudia Ogden Managing Director, Abrael Kahu Communications and Personnel Director, Annie Jin Marketing and Sales Director, and Quint Fleischeuer Financial and Production Director (absent at another course on the day).



Assembly

Whole school assemblies are an opportunity to celebrate student success and share information about school values, events and matters of current importance. Parents are very welcome to come and attend our assemblies at any time. This emphasises the importance of links to the community and to whanau.

Uniform

With weather getting cooler it is timely to remind parents what the warmer uniform options for our students are.

Shirt	Long-sleeved pale blue polo style shirt.
Skirt	Royal blue/navy-check regulation skirt available from West End Clothing
Trousers	Boys - Regulation long dark-grey dress trousers. Girls – Regulation navy pants.
Tights	Plain navy tights may be worn. NOT black.
Jersey/	Royal-blue, fine-knit plain V-neck jersey and/or Kaikoura High School
Polar Fleece	polar fleece. No logos.
Raincoat	A plain, black or navy waterproof jacket may be worn to and from school, as well as at interval and lunchtime, in wet weather. It may not be worn in the school buildings.
Hats/Beanies	Winter – A plain dark-blue beanie can be worn for warmth. All hats must be removed when inside school buildings.
Scarves	A plain navy scarf may be worn.

The Schooltex Popup shop will be visiting Kaikoura again very soon – date to be confirmed.

2016 House Captains

<p>Braddock</p> <p>Captains</p> <ul style="list-style-type: none"> • Matt Getz • Abrael Kahu <p>Vice Captains</p> <ul style="list-style-type: none"> • Georgia Cotter • Jack Cotter 	<p>Flower</p> <p>Captains</p> <ul style="list-style-type: none"> • Dilshan Muthunaidelage • Quinn Van Vierzen <p>Vice Captains</p> <ul style="list-style-type: none"> • Amelia Wilson • Harry Graham
<p>Cooke</p> <p>Captains</p> <ul style="list-style-type: none"> • Cheyenne Laugesen • Nikolai Bell Spiers <p>Vice Captains</p> <ul style="list-style-type: none"> • Tammy Smith-Kerr • Chris Elson 	<p>Monk</p> <p>Captains</p> <ul style="list-style-type: none"> • Billy Bartrum • Madison Flavell <p>Vice Captains</p> <ul style="list-style-type: none"> • Quint Fleischeuer • Isabella Collis

Congratulations to Adam Ford

AWESOME EFFORT: 2nd in NZ Horse of the Year 1.1m grade and 8th in Under 15 Rider of the Year. Huge effort and determination.



2016 Term Dates

Term 1 – Wednesday 3 February to Friday 15 April

- Monday 8 February – Waitangi Day
- Easter – Friday 25 March – Good Friday & Monday 28 & Tuesday 29 April – Easter Monday and Easter Tuesday (a school holiday)
- Monday 25 April – ANZAC day (falls during the school holidays)

Term 2 – Monday 2 May to Friday 8 July

- Monday 6 June – Queen's Birthday

Term 3 – Monday 25 July to Friday 23 September

Term 4 – Monday 10 October to Wednesday 14 December

- Monday 24 October – Labour Day
- Monday 31 October – Marlborough Anniversary

Up Coming Events – Term 1

Please note these dates on your calendar:

Monday 14 to Friday 18 March – Year 9 Camp

Monday 14 to Friday 18 March – Year 12 Biology Camp

Wednesday 30 March – Assembly

Saturday 2 & Sunday 3 April – SISS Athletics

Monday 4 to Friday 8 April – Year 12/13 PE Camp

Saturday 9 April – Netball Grading Day

Monday 11 to Friday 15 April – Mainpower Sport

Wednesday 13 April – Assembly


Easter: Friday 25 March – Good Friday

Monday 28 March – Easter Monday, and

Tuesday 29 April – Easter Tuesday (a school holiday)

Friday 15 April – Last day of Term 1

Monday 2 May – Beginning of Term 2



**HOKI ORA ATU TĪTĪ
FLY SAFE
HUTTON'S SHEARWATER**

Public Presentations:
Wednesday 9, 16, 23 and 30 March, 5:30pm, at Encounter Kaikōura.

WEDNESDAY 23rd March

Dr, Paul Scofield, Canterbury Museum, Curator Natural History

“How many Hutton’s are there? A community lead initiative to count Kaikoura’s Iconic Bird”

WEDNESDAY 30th March

Nicky McArthur, Trustee HSCT & Mike Morrissey, DoC

“Responsibilities of Kaitiakitanga - Shearwater Stream, Puhi Peaks Nature Reserve, home to our Hutton’s shearwater

Haere Rā E Ngā Titi/Farewell:

Meet at South Bay Reserve carpark at 6.45am on Sunday 3 April 2016, to walk the Kaikoura Peninsula Track to the colony, for the dawn ceremony, Titi Waiata and Tai Chi.

Hutton's Shearwater Charitable Trust, Website: www.huttonsshearwater.org.nz
Hutton's Hotline: 022 FLY HOME, Find us on Facebook!

Keeping children safe online

www.s2e.co.nz ...protecting people online



- 1) Become your child's "friend" in any social network environment your child creates.
- 2) Maintain easy access to your child's profile via their log in.....*you will see everything.*
- 3) Ensure that you can always have access to your child's phone to help them stay safe (i.e. it is not a no-go area) ...*check the quality of how they are communicating with others; talk about how they connect and communicate with friends. Is it consistent with the values of your family?*
- 4) Educate your children about the importance of protecting family and friends images*teach them to seek permission of another before they send or upload images to the internet.*
- 5) Try to always maintain open lines of communication with children. Do not over-react if you see something that alarms you or makes you angry..... *share your concerns, and always talk about issues as how they relate to them and their friends safety.*
- 6) Agree on a time in the evening to stop using the technology within the home...*that's everyone. "Remember, what we model today will either come back and embrace us or bite us tomorrow" – John Parsons.*
- 7) Talk/ask about their friends and social activity as a way to reduce the opportunity for cyber-separation to develop.....*encourage being open about new friends and what they are up to, and who their parents are. When in doubt, call the parents and introduce yourself.*
- 8) Teach your children to protect their online identity, as a way to future proof themselves for employment.....*we need to nurture and protect them online and teach them how to protect themselves as they engage information technology.*

Paedophiles & online gaming platforms

Paedophiles gravitate to areas where children play, communicate and congregate. Pay attention to the online games your children play. Questions to ask: Are the games age appropriate? Is the quality of the language used in the games suitable for a child? How does the game make money out of a child's use? What processes are available to adults, should they need to make a complaint about a user? Parents/guardians need to familiarise themselves with the game the child wants to play before the child enters the game; alternatively sit alongside the child and experience the game with them. Online gaming platforms provide paedophiles with the ability to observe minors interacting with other minors, all the time learning about the child. This gives the paedophile the opportunity to target select and then build a relationship with a child once the grooming starts.

To learn more about online safety with John Parsons view his TV and Radio interviews here

www.simulate2educate.co.nz/tv-and-radio

A digital life is a shared responsibility – John Parsons

PARENTING THROUGH SEPARATION PROGRAMME IN KAIKOURA

Parenting Through Separation is a free information programme funded by the MOJ to help you help your children when you separate.



Barnardos will be delivering the PTS programme in Kaikoura on the listed dates – dependant on registrations

Dates Saturday		
2 nd April 2016	28 th May 2016	
Time		Venue
10.00am – 3.00pm Lunch break 12.00pm – 1.00pm		Barnardos KidStart Kaikoura 50A Ludstone Road, Kaikoura
All courses consists of two sessions delivered over one day		

Courses are also available in Blenheim & Nelson

To register contact:

Barnardos Blenheim Office

P: 03 578 6491

E: Blenheim.office@barnardos.org.nz

Text enquiries: 027431 2507

Or Freephone: 0800 Barnardos (0800 227 367)

and ask for the Blenheim Office



Barnardos

Ko Ngā Tamariki | Te Tuatahi | Children Come First

Parenting Through Separation (PTS) is a fantastic course aimed at parents who have separated and is full of information on the family court process and how to help your children when you separate.

The content includes:

- how separation affects children
- what children need during separation
- talking with children during separation
- talking with ex-partners about arrangements for the children
- keeping children away from arguments

Barnardos Marlborough
Community Health Hub
22 Queen Street
Blenheim 7201
P: 03 578 6491
F: 0800 227 970

**THIS IS AN ADULT ONLY COURSE – NOT SUITABLE FOR CHILDREN
NO CHILDCARE PROVIDED**